

Volunteers Needed!



The Mesa Fire Department, Fire and Life Safety Education Division is starting a Senior Safety Volunteer Program and needs your help! Volunteers are needed to perform senior home safety checks to reduce the risks of fires and falls in the home. All training will be provided!

To request an application for the Senior Safety Volunteer Program, call 480.644.2508 or email

carrie.castillo@mesaaz.gov



**City of Mesa
Fire Department**

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480.644.2508
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SENIOR SAFETY PROGRAM

City of Mesa
Fire Department

SENIOR SAFETY PROGRAM



**Great People,
Quality Service!**

480.644.2508

Senior Safety Program

The City of Mesa Fire Department, Fire and Life Safety Education division provides free classes to promote senior safety and prevent fires and falls.

“Fire and Fall Safety for Prevention and Protection” is a free class covering:

- Fire prevention
- Oxygen safety
- Kitchen safety
- Preventing falls

To request this class at your location, call 480.644.2508.



Never smoke when you are lying down, drowsy, or in bed.

“Startling Facts About Fires and Falls in the Senior Community”

- National Fire Protection Association statistics show that people age 65 and older are twice as likely to die in a home fire as the population at large.
- More than one-third of adults ages 65 years and older fall each year (CDC, 2004).
- Among older adults, falls are the leading cause of injury deaths and the most common cause of nonfatal injuries and hospital admissions for trauma (CDC, 2004).

Reduce Your Risks



Tread carefully.
Stairways should be well lit and have handrails.

**Call now
to request
a free
“Fire & Fall Safety”
Seminar
at your location.**

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