



# RED MOUNTAIN CENTER GYM SCHEDULE

(Effective September 1 - December 31, 2011)



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	COURT 1 (east)	COURT 2 (west)	COURT 1 (east)	COURT 2 (west)	COURT 1 (east)	COURT 2 (west)	COURT 1 (east)	COURT 2 (west)	COURT 1 (east)	COURT 2 (west)	COURT 1 (east)	COURT 2 (west)
5:30AM	OPEN BASKETBALL 5:30AM - 8 AM		OPEN BASKETBALL 5:30AM - 10:30AM		OPEN BASKETBALL 5:30AM - 8 AM		OPEN BASKETBALL 5:30AM - 10:30AM		OPEN BASKETBALL 5:30AM - 8 AM		OPEN BASKETBALL 8:00AM - 1:00PM	
6 AM												
7 AM												
8 AM											<b>ZUMBA</b> 8:15A- 9:10A	
9 AM	SILVER SNEAKERS 8:30AM				SILVER SNEAKERS 8:30AM				SILVER SNEAKERS 8:30AM			
10 AM												
11 AM	<b>VOLLEY- BALL</b> 11:00AM- 1:00PM		SILVER SNEAKERS 11:00AM		<b>VOLLEY- BALL</b> 11:00AM- 1:00PM		SILVER SNEAKERS 11:00AM		<b>VOLLEY- BALL</b> 11:00AM- 1:00PM			
12 PM			OPEN BASKETBALL 12:30PM - 9:00PM				OPEN BASKETBALL 12:30PM - 9:00PM				OPEN BASKETBALL 12:30PM - 9:00PM	
1 PM											<b>GYM CLOSSES AT 1:00PM</b>	
2 PM	OPEN BASKETBALL 11:00AM - 9:00PM				OPEN BASKETBALL 11:00AM - 9:00PM		OPEN BASKETBALL 11:00AM - 9:00PM					
3 PM												
4 PM												
5 PM												
6 PM												
7 PM												
8 PM												
9 PM												

See the reverse side for  
Gym Rules and Regulations  
HOURS SUBJECT TO CHANGE WITHOUT  
NOTICE



RED MOUNTAIN  
MULTIGENERATIONAL  
CENTER  
Red Mountain Center  
7550 E Adobe St., Mesa, AZ 85207  
480.644.4800



mesa·az



## Gym Rules and Regulations

Admission pass is required for gym activities.

Children under the age of 8 must have a parent in the facility.

**NO** full court games and **NO** 5-on-5 games.

**NO** food, drinks, or chewing gum allowed in gym (Water bottles only, no glass containers).

**NO** foul or abusive language.

**NO** dunking or hanging on basketball rims.

Appropriate clothing attire required at all times (shirt, shoes, etc).

Court shoes only, no hiking boots or street shoes.

Do **NOT** throw or hit anything to the second level.

**NO** spitting in water fountains, on floors or walls.

Be considerate to other participants.

City of Mesa not responsible for lost or stolen items.

Failure to follow these rules and regulations may result in the suspension of facility privileges.