

Red Mountain Center Gym Schedule



7550 E. Adobe St., Mesa, AZ 85207
 www.redmountaincenter.com



	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	West Court	East Court	West Court	East Court	West Court	East Court	West Court	East Court	West Court	East Court	West Court	East Court
5:30 AM	Basketball 5:30-7:00a		Basketball 5:30-9:45a		Basketball 5:30-7:00a		Basketball 5:30-9:45a		Basketball 5:30-7:00a			
6:00 AM												
7:00 AM							Volleyball 7:00a-9:30a					
8:00 AM	Closed for Group Fitness Class 7:00-11:00a		Closed for Group Fitness Class 9:45a-12:30p		Closed for Group Fitness Class 7:00-11:00a		Closed for Group Fitness Class 9:45a-12:30p		Closed for Group Fitness Class 7:00-11:00a		Basketball 8:00a - 1:00p	Pickleball 8:00a-9:15a
9:00 AM												Volleyball 9:45a-11:00a
10:00 AM												
11:00 AM	Volleyball 11:00a-1:00p	Pickleball 1:30-4:00p	Pickleball 1:00-4:00p	Pickleball 1:30-4:00p	Pickleball 1:00-4:00p	Pickleball 1:30-4:00p	Pickleball 1:00-4:00p	Pickleball 1:30-4:00p	Pickleball 1:30-4:00p			
12:00 PM												
1:00 PM												
2:00 PM												
3:00 PM												
4:00 PM												
5:00 PM	Basketball 11:00a-9:00p		Basketball 12:30-9:00p		Basketball 11:00a-9:00p		Basketball 12:30-9:00p		Basketball 11:00a-9:00p			
6:00 PM												
7:00 PM												
8:00 PM												
9:00 PM												

Gym Rules and Regulations

- Admission pass is required for gym activities.
- Children under the age of 8 must have a parent in the facility.
- No full court games or 5-on-5 games.
- No food, drinks, or chewing gum allowed in gym (plastic water bottles only).
- No foul or abusive language.
- No dunking or hanging on basketball rims.
- Appropriate clothing attire required at all times (shirt, shoes, etc.)
- Court shoes only, no hiking boots, sandals, crocs, or street shoes.
- Throwing anything from the second floor is prohibited.
- No spitting in water fountains, on floors, or walls.
- Be considerate to other participants.
- City of Mesa is not responsible for lost or stolen items.

Failure to follow these rules and regulations may result in suspension of facility privileges.